Pain Specialists of America

Dear Valued Patient,

We are writing to share an important update regarding our Round Rock clinic team to ensure your care continues seamlessly. Effective Nov 25th, 2026, Dr. Jessica Arias Garau, MD will be leaving Pain Specialists of America to relocate to her home in Puerto Rico. We deeply appreciate Dr. Arias' dedicated service and wish her the best in her next chapter.

We want to assure you that your health and continuity of care remain our highest priorities. To ensure a seamless transition, we are pleased to introduce Dr. Angus Lowry, who will be assuming care for Dr. Arias' patients at our Round Rock location.

A graduate of Texas A&M University and the University of Texas Health Science Center San Antonio, Dr. Lowry is an experienced interventional pain management physician with fellowship training from Harvard Medical School's Beth Israel Deaconess Medical Center. He brings extensive expertise in advanced procedures, including epidural injections, nerve blocks, radiofrequency ablation, and spinal cord stimulation. Dr. Lowry emphasizes a personalized, empathic approach to treating chronic pain, focused on safely relieving suffering and improving overall quality of life for his patients.

Dr. Lowry is committed to our mission for every pain, we have a plan. He looks forward to working with you to provide the compassionate, evidence-based care you deserve. Our team is working closely with Dr. Arias to review all patient records and treatment plans. Your upcoming appointments in Round Rock will remain on schedule as planned; however, they will now be conducted by Dr. Lowry.

You retain the right to choose your provider. To request or transfer a copy of your records to another practice, please visit our front desk or contact our medical records department to complete a release form. For questions regarding upcoming appointments or this transition, please call us directly at (512) 953-8133. Thank you for your continued trust in Pain Specialists of America.

Sincerely,
Dr. Pankaj Mehta
Clinical President



Pain Specialists of America is an interventional pain management group practice with top physicians in the pain management specialty. Many physician leaders have trained at the nation's most prestigious medical centers in the country, like Harvard Medical School and the Cleveland Clinic. We offer services at 13 convenient office clinics and 4 ambulatory surgery centers in Central Texas along the I35 corridor from Waco to San Antonio. Our expert physicians and their care teams develop treatment plans from a host of multidisciplinary approaches and offer the latest advanced interventional options available. Our Individualized treatment programs are designed to improve your quality of life, allowing you to return to normal daily functions as quickly as possible.